

Vantaa Occupational Healthcare Municipal
Enterprise

OCCUPATIONAL HEALTHCARE PRICE LIST
2019

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The prices in this list are stated at 0% VAT. Tax rates, if applicable, will be added to the pricing based on the applicable legislation. We reserve the right to make changes to pricing when legislation or regulations are changed.



Occupational healthcare services in brief

Our goal with occupational healthcare is to help employers develop their work, working communities and working environment further in order to improve working capacity among staff.

Occupational Health Care Act 1383/2001 and the Government decree 1484/2001

According to the Occupational Health Care Act, the purpose is to foster cooperation between the employer, employee and occupational healthcare provider in order to promote:

- The healthiness and safety of work and the working environment
- The health, working capacity and functional capacity of employees at different stages of their careers
- The functioning of the working community
- The prevention of work-related illnesses and accidents

Services in prevention and health promotion

Services prescribed by law

For the most essential preventive healthcare tasks conducted by an occupational healthcare specialist or expert, the pricing is mainly done on a time basis. For example, this includes the following tasks:

- Workplace assessment, assessment of health risks of the work and working conditions, as well as occupational healthcare needs assessment (incl. preparation, travel time, visit)
- Workplace assessment report
- Planning, revision and monitoring of services
- Occupational health examinations
- Providing information, advice and guidance
- Assessment of working capacity issues
- Referral to rehabilitation
- Referral to treatment
- Participating in cooperative meetings
- Drafting reports and documents related to services
- Monitoring of absences due to illness
- Specialist consultations

Healthcare and services restoring working capacity

Voluntary services

Includes healthcare and examinations focused on occupational health at a general practitioner level. Healthcare at a general practitioner level also includes consultation with an occupational health nurse, as well as measures taken by them.



OCCUPATIONAL HEALTH NURSE

price/hour pricing basis

<p>Preventive services Workplace assessment (incl. preparation, travel time and other travel expenses, visit and report) Occupational health consultation and other meetings Provision of information regarding individuals, guidance and management support Remote services (kela.fi: Remote services for preventive occupational healthcare can primarily be implemented via text, audio or picture or over the internet via video.)</p>	€81.00	€40.50 (min. 30 mins) €81.00 (min. 60 mins) €121.50 (min. 90 mins)
<p>Health examination, with occupational well-being questionnaire Remote services (kela.fi: Remote services for preventive occupational healthcare can primarily be implemented via text, audio or picture or over the internet via video.)</p>	€87.00	€43.50 (min. 30 mins) €87.00 (min. 60 mins) €130.50 (min. 90 mins)
<p>Occupational well-being questionnaire (separately)</p>	€15.00	each
<p>Healthcare focused on occupational health Consultation visit Remote services (kela.fi: Remote services for preventive occupational healthcare can primarily be implemented via text, audio or picture or over the internet via video.) Consultation at the workplace</p>	€80.00	Charged per 10 mins €13.33 (min. 10 mins) €26.67 (min. 20 mins) €40.00 (min. 30 mins) €53.33 (min. 40 mins)
<p>Remote guidance (guidance and advice services via telephone or email) (kela.fi: Remote services for preventive occupational healthcare can primarily be implemented via text, audio or picture or over the internet via video.) Drafting a treatment plan or treatment continuation plan outside of a consultation visit Provision of workplace information and guidance Coordination work (Coordination work of occupational healthcare for a customer organisation with several locations)</p>	€102.80	Charged per 10 mins €17.13 (min. 10 mins) €34.27 (min. 20 mins) €51.40 (min. 30 mins)

Group services and lectures

price/hour pricing basis

Provision of information and guidance	€140.90	€140.90 (min. 60 mins)
Preparation	€81,00	€40.50 (min. 30 mins)

Occupational health nurse, other services

price/hour pricing basis

Influenza vaccination visit at an occupational health centre (+ influenza and other vaccines, prices charged according to the costs charged by the pharmacy)	€22.10	person
Work supervision, individual KL3 (+ VAT 24%)	€80.00	€80.00 (min. 60 mins)
Work supervision, group KL3 (+ VAT 24%)	€139.90	€139.90 (min. 60 mins)



OCCUPATIONAL HEALTH PHYSICIAN

price/hour pricing basis

Preventive services Health examination appointments Workplace assessment (incl. preparation, travel time and other travel expenses, visit and report) Occupational health consultation and other meetings Provision of information regarding individuals, guidance and management support Remote services (kela.fi: Remote services for preventive occupational healthcare can primarily be implemented via text, audio or picture or over the internet via video.)	€147.00	€73.50 (min. 30 mins) €147.00 (min. 60 mins) €220.50 (min. 90 mins)
Healthcare focused on occupational health Consultation visit Remote services (kela.fi: Remote services for preventive occupational healthcare can primarily be implemented via text, audio or picture or over the internet via video.)	€145.00	Charged per 10 mins €24.17 (min. 10 mins) €48.33 (min. 20 mins) €72.50 (min. 30 mins)
Remote guidance (guidance and advice services via e.g. telephone or email) (kela.fi: Remote services for preventive occupational healthcare can primarily be implemented via text, audio or picture or over the internet via video.) Drafting a treatment plan or treatment continuation plan outside of a consultation visit Renewing a prescription without a consultation visit Provision of workplace information and guidance	€147.00	Charged per 10m €24.50 (min. 10 mins) €49.00 (min. 20 mins) €73.50 (min. 30 mins)

Certificates and statements

price/hour pricing basis

Statement regarding a health examination, medical certificate A included in the consultation price		
Driver's license certificate	€39.80	each
Medical certificate B brief, individual pricing	€72.00	each
Medical certificate B comprehensive, medical certificate B very comprehensive, medical certificate C or E	€147.00	€ 73.50 (min. 30 mins)

Group services and lectures

price/hour pricing basis

Provision of information and guidance	€268.60	€134.00 (min. 30 mins)
Preparation	€147.00	€73.50 (min. 30 mins)



OTHER THAN OCCUPATIONAL HEALTHCARE SPECIALIST (organised by the Vantaa Occupational Healthcare Municipal Enterprise)

<p>Preventive services and healthcare Health examination appointments Meeting Remote services (kela.fi: Remote services for preventive occupational healthcare can primarily be implemented via text, audio or picture or over the internet via video.)</p>	<p>€179.40</p>	<p>€89.70 (min. 30 mins) €179.40 (min. 60 mins) €269.10 (min. 90 mins)</p>
<p>Remote guidance (guidance and advice services via telephone or email) (kela.fi: Remote services for preventive occupational healthcare can primarily be implemented via text, audio or picture or over the internet via video.) Drafting a treatment plan or treatment continuation plan outside of a consultation visit Renewing a prescription without a consultation visit Provision of workplace information and guidance</p>	<p>€179.40</p>	<p>€29.40 (min. 10 mins) €59.80 (min. 20 mins) €89.70 (min. 30 mins)</p>

Certificates and statements

Statement regarding a health examination and medical certificate A included in the consultation price

B1 or B2 statement by a specialist	€179.40	€89.70 (min. 30 mins)
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OCCUPATIONAL PHYSIOTHERAPIST

price/hour

pricing basis

<p>Preventive services Health examination appointments Workplace assessment (incl. preparation, travel time and other travel expenses, visit and report) Occupational health consultation and other meetings Provision of information regarding individuals, guidance and management support Remote services (kela.fi: Remote services for preventive occupational healthcare can primarily be implemented via text, audio or picture or over the internet via video.)</p>	<p>€83.10</p>	<p>€41.55 (min. 30 mins) €83.10 (min. 60 mins) €124.65 (min. 90 mins)</p>
<p>Treatment instructions via telephone or email (non-Kela-reimbursable remote consultation) Drafting a treatment plan or treatment continuation plan outside of a consultation visit Provision of workplace information and guidance Remote services (kela.fi: Remote services for preventive occupational healthcare can primarily be implemented via text, audio or picture or over the internet via video.)</p>	<p>€104.80</p>	<p>Charged per 10m €17.47 (min. 10 mins) €34.93 (min. 20 mins) €52.40 (min. 30 mins)</p>



Group services and lectures

Workplace health promotion (TYKY) (+ VAT 24%)	€140.90	€140.90 (min. 60 mins)
Provision of information and guidance	€140.90	€140.90 (min. 60 mins)
Preparation of lecture and travel expenses (+ VAT 24%)	€83.10	€41.55 (min. 30 mins)

Examination of physical fitness

Functional capacity examination (strength, mobility, balance)	€163.20	each
General fitness examination with a cycle ergometer (oxygen uptake, MET)	€163.20	each

OCCUPATIONAL HEALTH PSYCHOLOGIST

price/hour

pricing basis

Preventive services	€136.80	€68.40 (min. 30 mins)
Health examination appointments		€136.80 (min. 60 mins)
Occupational health consultation and other meetings		€205.20 (min. 90 mins)
Provision of information regarding individuals, guidance and management support		
Workplace assessment (incl. preparation, travel time, visit and report)		
Remote services (kela.fi: Remote services for preventive occupational healthcare can primarily be implemented via text, audio or picture or over the internet via video.)		
Remote guidance (non-Kela-reimbursable guidance and advice services via telephone or email)	€136,80	Charged per 10 mins €22.80 (min. 10 mins)
Drafting a treatment plan or treatment continuation plan outside of a consultation visit		€45.60 (min. 20 mins)
Provision of workplace information and guidance		€69.40 (min. 30 mins)
Remote services (kela.fi: Remote services for preventive occupational healthcare can primarily be implemented via text, audio or picture or over the internet via video.)		

Group services and lectures

Provision of information and guidance	€176.40	€176.40 (min. 60 mins)
Preparation	€136.80	€68.40 (min. 30 mins)

Services for working communities and management (+ VAT 24%)

Debriefing	€234.20	€117.10 (min. 30 mins)
Management support	€177.20	€88.60 (min. 30 mins)
Work supervision	€265.60	€132.80 (min. 30 mins)



OTHER OCCUPATIONAL HEALTHCARE SERVICES

Crisis work (+ VAT 24%)

After-care following trauma or crisis/Debriefing (group size 3–0)	€1,376.00	group/session
After-care following trauma or crisis/Debriefing (group size 2)	€1,053.50	group/session
After-care follow-up group following trauma or crisis	€1,053.50	group/session

SOCIAL WORKER CONSULTATION SERVICES

Social services as a consultation service	€135.30	€ 67.65 (min. 30 mins)
Telephone, email and other remote services, non-Kela-reimbursable (+ VAT 24%)	€135.30	Charged per 10 mins

First aid training KL1 (+ VAT 24%)

Emergency first aid course 4h (10–15 participants)	€873.00	
First aid refresher course 8h (10–15 participants)	€1,091.00	
Basic first aid course EA1 (2 days, 10–15 participants)	€1,856.00	
Emergency first aid course 4h (participants from multiple companies)	€71.00	participant
First aid refresher course (participants from multiple companies)	€91.00	participant
Basic first aid course EA1 (participants from multiple companies)	€142.00	participant

VAT 24% will be added to the prices

Nurse assistance at clinic	€28.40	session
Entering outside absences into the patient records on a time basis	€42.00	(min. 30 mins)
A statement regarding a valid occupational healthcare agreement will be given free of charge once per year.		
Additional statements	€15.00	each

Expenses for travel, medication, medical supplies, vaccinations etc. will be charged according to realised expenses (+ VAT 24%).



Agreement administrative fee €76/year/client agreement (+ VAT 24%)

The agreement administrative fee is a fixed fee charged twice per year that is not reimbursable through Kela. The fee covers services such as drafting the agreement and client management which are not part of Kela's reimbursement.

Basic fee €34.90/person/year (+ VAT 24%)

The basic fee includes e.g. basic readiness of occupational healthcare, appointment and office services, keeping of registers and basic ICT readiness. The basic fee is charged from the beginning of the month in which the occupational healthcare agreement has been signed. The basic fee is always charged for at least one person if the occupational healthcare agreement is to be continued.

Uncancelled appointments (+ VAT 24%)

Notifications regarding the cancellation of a consultation or agreed-upon workplace visit should be given by 2 PM on the preceding working day at the latest. The fee for an uncanceled appointment is half of the price of the planned/scheduled appointment, with a maximum of 70 euro charged from the employee in question or, in the case of an uncanceled workplace visit, 50% of the price of the scheduled visit is charged from the employer. If a lecture or group is cancelled at least two weeks prior, the client will be charged for the work done so far. For a lecture or group cancelled later, the total price will be charged.

Central invoicing (+ VAT 24%)

A customer organisation with a central invoicing agreement with Vantaa Occupational Healthcare Municipal Enterprise is charged a €15.00 handling fee/network invoice. The handling fee covers invoicing entries according to Kela's reimbursement categories.

Entrepreneur fees

An entrepreneur shall pay the annual occupational healthcare basic fee, which at the time of drafting the agreement is €34.90 a year. The basic fee is revised on an annual basis, in connection to the revision of prices. The agreement administrative fee is €76 /year.

Remote services and phone calls reimbursed by Kela

The client is entitled to reimbursement for the cost of remote services in preventive occupational health care (KL1) in the same way as for the cost of traditional occupational healthcare services. Remote services for preventive occupational healthcare can primarily be implemented via text, audio or picture or over the internet via video. For occupational healthcare's remote health and healthcare services (KL2), the healthcare services provided via video (remote clinic) can be reimbursed.



LABORATORY TESTS

Prices of the most common tests

P-ALAT	Alanine aminotransferase	14.12	each
P-AFOS	Alkaline phosphatase	14.12	each
P-ASAT	Aspartate aminotransferase	14.12	each
S-B12-Vit	Vitamin B12	23.12	each
U-BaktJVi	Bacteria, subculture	23.49	each
U-BaktVi	Bacteria, culture	17.17	each
f-BaktVi1	Bacteria, culture 1 (Salmonella, Shigella, Yersinia, Campylobacter. antibodies)	31.81	each
S-BorrAb	Borrelia, antibodies	35.40	each
U-CtGcNhO	Chlamydia trachomatis and neisseria, gonorrhoeae, nucleic acid (1Kval)	42.45	each
P-CRP	C-reactive protein	21.65	each
S-CDT	Carbohydrate-deficient transferrin	25.17	each
fP-Gluk	Glucose	14.12	each
P-Gluk	Glucose	14.12	each
U-GluProt	Glucose and Protein (QUAL)	14.33	each
Pt-Gluk-R1	Glucose test, oral, short	36.24	each
P-Gt	Glutamyl transferase	14.12	each
F-HepyAg	Helicobacter pylori, antigen	53.57	each
F-hHb-O	Haemoglobin, human (QUAL)	19.07	each
B-HbA1c	Haemoglobin A1C	15.70	each
S-HBsAb	Hepatitis B virus, S-antigen	27.61	each
S-HBVPK	Hepatitis B virus test	35.40	each
S-HVCAb	Hepatitis C virus, antibodies	26.29	each
S-HIVAgAb	HIV virus, antigen and antibodies	19.28	each
U—NottoTTH	Occupational narcotic test, sampling	51.89	each
S-IgE	Immunoglobulin E	19.28	each
P-K	Potassium	14.12	each
U-KemSeul	Chemistry screening	16.11	each
fP-Kol	Cholesterol	14.12	each
Fp-Kol-HDL	Cholesterol, high-density lipoprotein	14.12	each
Fp-Kol-LDL	Cholesterol, low-density lipoprotein	14.12	each
P-CK	Creatine kinase	14.12	each
P-Krea	Creatine	14.12	each
B-La	Sedimentation rate test	15.17	each
S-MypnAb	Mycoplasma pneumoniae, antibodies	43.09	each
P-Na	Sodium	14.12	each
U-Solut	Particle count	18.33	each



B-PVK+T	Basic blood count and thrombocytes	27.08	each
B-PVK+TKD	Basic blood count, leukocyte analysis	27.08	each
P-PSA	Prostate-specific antigen	16.44	each
P-PSA-suh	Prostate-specific antigen, relative	22.12	each
P-RF	Rheumatoid factor, plasma	21.60	each
F-SalmVi	Salmonella, culture	18.55	each
Sk-SienVi	Fungus, culture	34.66	each
Ps-StrVi	Streptococcus culture	22.12	each
U-Huume	Diazepines, buprenorphine	49.09	each
fP-Trigly	Triglycerides	14.12	each
U-Liuskat	Urine protein and glucose in occupational healthcare	6.32	each
S-TPOAb	Thyroid peroxidase, antibodies	25.60	each
S-TSH	Thyrotropin	27.08	each
S-T4-V	Thyroxine	27.08	each
P-Uraat	Uric acid	14.12	each



IMAGING TESTS

Plain x-ray, foot and toes	€50.57	each
Plain x-ray, cervical spine	€65.32	each
Plain x-ray, elbow joint	€47.66	each
Plain x-ray, hand and fingers	€71.64	each
Plain x-ray, lumbar spine	€75.86	each
Plain x-ray, hip	€61.10	each
Bone density test, comprehensive plain x-ray	€95.32	each
Plain x-ray, paranasal sinuses	€64.26	each
Plain x-ray, paranasal sinuses, single	€21.10	each
Plain x-ray, ankle	€47.66	each
Plain x-ray, shoulder joint	€62.16	each
Plain x-ray, knee	€62.16	each
Plain x-ray, wrist	€48.67	each
Plain x-ray, thoracic spine	€58.81	each
Plain x-ray, mammary gland (mammography)	€95.32	each
Plain x-ray, thorax	€87.44	each
Plain x-ray, thorax, single projection	€49.52	each
Plain x-ray, thorax, lying down	€53.31	each

ULTRASOUND TESTS

Lower abdominal ultrasound	€104.44	each
Thyroid biopsy, ultrasound-guided	€127.76	each
Thyroid ultrasound	€104.44	each
Shoulder joint ultrasound	€105.35	each
Superficial resistance ultrasound	€83.15	each
Mammary gland tissue sample, ultrasound-guided	€181.51	each
Mammary gland ultrasound	€83.15	each
Renal ultrasound	€116.61	each
Upper abdominal ultrasound	€163.30	each
Digitization of films	€23.32	each
Images saved onto a CD disc	€55.77	each
Thorax ultrasound scan	€85.59	each

PATHOLOGY

Pt-papa-tk	€46.50	each
Sk-PADhoit	€70.14	each
Ts PAD-1	€58.92	each
Ts-FNAB	€84.17	each
Ts-PADBrea	€100.13	each
Mi-Syto	€49.17	each
U-Syto	€52.86	each
Ex-Syto	€68.04	each



NEUROLOGY

EEG-Ud	€324.81	each
Sleep polygraph	€330.11	each
Polysomnography	€436.38	each

PHYSIOLOGY

EKG	€17.17	each
EKG-24 h	€200.68	each
Cardiac stress test ECG (2065)	€353.54	each
Cardiac stress test ECG (2068)	€255.33	each
No-ex	€101.14	each
RR-Pa	€147.37	each

TESTS CONDUCTED AT AN OCCUPATIONAL HEALTHCARE APPOINTMENT

Vision screening	€16.22	each
Hearing screening	€29.41	each
PEF test	€13.18	each
Microspirometer	€13.18	each
Spirometry	€46.64	each
Bronchodilatation test	€31.43	each
Spirometry, with bronchodilation	€77.57	each
Sinuscan	€23.16	each
Blood sugar quick test	€6.08	each
Urine strip tests	€6.08	each
Alcometer test	€22.31	each

OTHER TESTS

Audiogram, conducted by an audiologist	69.80	each
Speech audiometry, conducted by an audiologist	69.80	each
Remote PEF follow-up, 2 weeks	56.00	each
Remote PEF follow-up, 4 weeks	80.00	each



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“A genuine partner”

“Know what you are paying for”

