

**AITO TYÖTERVEYS –
VANTAAN TYÖTERVEYS OY**

**OCCUPATIONAL HEALTHCARE
PRICE LIST 2021**

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The task of occupational health care is to support the work ability and well-being of employees, the work community and the employer. We provide our customers with expert occupational healthcare and genuine partnership. Our strengths include a high level of professionalism and a flexible service attitude. We have compiled our most key services in this price list.

An action plan is prepared in cooperation with the customer, with monitoring mechanisms put in place as agreed. Occupational health activities are carried out by a multi-professional team, which includes an occupational health doctor and occupational health nurse, as well as an occupational health psychologist and an occupational physiotherapist. If necessary, the team is also supplemented by a nutritionist, a social worker and specialists in various fields.

The employer and the entrepreneur are entitled to compensation for occupational healthcare. Reimbursement from Kela is subject to the occupational healthcare being carried out in accordance with good occupational healthcare practices. In addition to preventive activities (Kela I), reimbursement is also provided for medical treatment at general practitioner level (with emphasis on occupational healthcare) (Kela II).

Services in prevention and health promotion (Kela I)

The employer must arrange for statutory preventive occupational healthcare if it has at least one employee on an employment or civil service contract. Services prescribed by law:

- Workplace assessment, assessment of health risks of the work and working conditions, as well as occupational healthcare needs assessment (incl. preparation, travel time, visit)
- Workplace assessment report
- Planning, revision and monitoring of services
- Occupational health examinations
- Providing information, advice and guidance
- Assessment and planning of first-aid needs
- Assessment of working capacity issues
- Referral to rehabilitation
- Referral to treatment
- Participating in cooperative meetings
- Drafting reports and documents related to services
- Monitoring of absences due to illness
- Specialist consultations

Medical treatment (Kela II)

In addition to statutory occupational healthcare, the employer can arrange medical healthcare at general practitioner level and other healthcare services for the employees. The general practitioner-level services also include consultation with and medical procedures by an occupational health nurse.

The occupational healthcare price list is valid from 1 January to 31 December 2021

The prices are stated at 0% VAT. Tax rates, if applicable, will be added to the pricing based on the applicable legislation. We reserve the right to make changes to pricing when legislation or regulations are changed.

Read more about Kela's procedures and guidelines: www.kela.fi

Occupational health nurse

Preventive occupational healthcare (consultation visit and remote services)	82,05 €/hour
Provision of workplace information and guidance and coordination work	104,15 €/hour
Healthcare focused on occupational health (consultation visit and remote services, guidance and counselling by phone or email)	81,05 €/hour

Occupational health physician

Preventive occupational healthcare (consultation visit and remote services)	148,95 €/hour
Healthcare focused on occupational health (consultation visit and remote services, guidance and counselling by phone or email)	146,90 €/hour

Occupational health physiotherapist

Preventive occupational healthcare (consultation visit and remote services)	84,20 €/hour
Provision of workplace information and guidance	106,20 €/hour
Direct access to occupational physiotherapist service	93,46 €/hour

Occupational health psychologist

Preventive occupational healthcare (consultation visit and remote services)	138,60 €/hour
Provision of workplace information and guidance	138,60 €/hour
Short therapy (non-Kela-reimbursable)	Ask for a quote

Social worker and nutritionist consultation services

Social worker (+ VAT 24%)	145,40 €/hour
A nutritionist	145,40 €/hour

Group services contain preparation (+ VAT 24%)

Occupational health nurse	142,75 €/hour
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Occupational health physician	272,10 €/hour
Occupational health physiotherapist	142,75 €/hour
Occupational health psychologist	178,70 €/hour
Lectures and trainings	Ask for a quote

Services for working communities and management (+ VAT 24%)

After-care following trauma or crisis/Debriefing In demanding cases, two instructors	284,70 €/hour
Management support	215,40 €/hour
Management support, demanding	430,80 €/hour
Work counselling	322,86 €/hour

Surveys (+ VAT 24%)

Parempi Työyhteisö (ParTy) questionnaire survey	Ask for a quote
Occupational well-being survey	15,20 €/each

Examination of physical fitness

Functional capacity examination (strength, mobility, balance) (90 min)	168,40 € /test
Functional capacity examination (strength, mobility, balance) (120 min)	218,92 € /test
Cycle ergometer (60 min)	109,46 € / test
Personal training program	84,20 €/hour
Testing packages	Ask for a quote
Fitness tests as an occupational well-being service (+ VAT 24%)	Ask for a quote

Certificates and statements

Statement regarding a health examination and medical certificate A included in the consultation price.

Medical certificate A	no charge
Certificate for driving license	40,35€ / each
Medical certificate B, C or E (minimum charge 30min)	148,95€ /hour

First aid training KL1 (+ VAT 24%)

Emergency first aid course 4h (10–15 participants)	825 €
First aid refresher course 8h (10–15 participants)	1 155 €
Basic first aid course EA1 16h (2 days, 10–15 participants)	1 650 €
Basic first aid course EA2 16h (2 days, 10–15 participants)	Ask for a quote
Basic resuscitation 4h (10–15 participants)	Ask for a quote

Tailored first aid training	Ask for a quote
Emergency first aid course 4h (at AITO premises) (8–12 participants)	85 €/ per participant
Emergency first aid course 8h (at AITO premises) (8–12 participants)	120 €/ per participant
Basic course EA1 16h (at AITO premises) (8–12 participants)	170 €/ per participant

Processing of external absences due to illness

Entering external absences due to illness into the system (non-Kela-reimbursable)	42,55 €/per hour, (minimum charge 30min)
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Remote services, calls and other digital services reimbursed by Kela

Preventive occupational healthcare (KL I) and medical and other health care services (KL II) provided as a remote service entitle to compensation for occupational healthcare. Occupational healthcare professionals will assess if service provided is suitable to be offered as a remote service. The exception to this is the workplace site visit included in the workplace investigation, which must in principle be carried out as a physical visit to the workplace.

The costs incurred when an occupational healthcare professional (occupational health doctor or nurse) or specialist (occupational physiotherapist, occupational health psychologist, or specialist) gives the patient treatment instructions and advice by phone, e-mail or chat are reimbursed as occupational health care (KL I and KL II).

The organization of remote services must be agreed in writing between the occupational healthcare service provider, the employer, and the employees' representatives. The customer's oral or written consent to the remote service must be recorded in the occupational healthcare documents. Replacement of remote services and telephone calls requires that the activities of occupational health professionals are always based on the needs identified by the occupational health professionals.

Outsourced specialist medical services

Specialist consultations by referral from an occupational health physician in connection with the assessment of work ability are invoiced according to the price list of outsourced services.

Supplies and medicines

We charge separately for equipment, devices, supplies, vaccinations and medicines used in medical procedures.

Kanta fee and electronic prescription

The Kanta fee will be charged for medical professionals' appointments entered in Kanta. We charge €1 per entry for the Kanta fee. The price includes the cost of an electronic prescription, if applicable.

Basic and service fees

The basic fee is €34.90 per person per year. The basic fee includes e.g. basic readiness of occupational healthcare, appointment and invoicing services, keeping of employee and company registers in the patient information system and basic ICT readiness.

The service fee covers the drafting of contracts and customer relationship management. The service fee depends on the size of the company. The basic and service fees are charged four times a year. The entrepreneur's basic and service fee are charged once a year.

Company with 1–3 employees	41€/ per person per year
Company with 4–10 employees	32€/ per person per year
Company with 11–50 employees	18€/ per person per year
Company with more than 50 employees	12€/ per person per year
Entrepreneur	56€/ per person per year

Travel expenses

Travel costs are charged based on the time used and the hourly rate charged by the medical professional. Travel time is charged for the starting half hour.

Uncancelled appointments

The reception must be canceled no later than 2 pm on the previous working day. The fee for an uncancelled appointment is half of the respective price of the scheduled appointment. An invoice will be sent to the customer to whom the booking applies. Notifications regarding the cancellation of an activity directed to the customer organization should be given at least one day prior to the scheduled activity. Otherwise, Vantaan Työterveys may charge the customer according to the time and human resources allocated to the activity. For an uncancelled workplace visit, the customer will be charged the full price, or the cost of the work done.

Central invoicing

A customer organization with a central invoicing agreement is charged a €17.00 handling fee per network invoice. The handling fee covers invoicing entries according to Kela's reimbursement categories.

Occupational healthcare certificate

Certificate of valid occupational healthcare contract free of charge once a year. Subsequent certificates €15.20 each. The certificate is issued on the condition that the statutory operation has started.

Patient document fee

Patient documents can be delivered once a year free of charge. Paper-based or electronic transfer of health data to the party concerned or to another service provider is charged by the hour. The price is agreed on a case by case basis.

Invoice attachment

Attachments to invoices are archived on the AITO Extranet, which is free of charge for the customer. We

charge 10 € / post for invoice attachments delivered by post.

Other services and pricing principles

Vantaan Työterveys Oy has the right to charge €200 as a starting fee for a new contract. The starting fee is charged if, due to reasons attributable to the customer organization, activities according to good occupational healthcare practices (workplace survey and action plan) have not been initiated within three months of signing the contract.

Office fee

We charge a € 13 office fee for a private appointment.

Tests

Prices of the most common tests.

Laboratory tests

Alanine aminotransferase	14,30 €
Alkaline phosphatase	14,30 €
Aspartate aminotransferase	14,30 €
Vitamin B12	23,45 €
Bacteria, subculture	32,00 €
Bacteria, culture	17,40 €
Bacteria, culture 1 (Salmonella, Shigella, Yersinia, Campylobact. antibodies)	39,00 €
Borrelia, antibodies	52,00 €
Chlamydia trachomatis and neisseria, gonorrhoeae, nucleic acid (1Qual)	43,00 €
C-reactive protein	21,95 €
Carbohydrate-deficient transferrin	25,50 €
Glucose	14,30 €
Glucose	14,30 €
Glucose test, oral, short	36,75 €
Glutamyl transferase	14,30 €
Helicobacter pylori, antigen	54,30 €
Haemoglobin, human (QUAL)	19,35 €
Haemoglobin A1C	15,90 €
Hepatitis B virus, S-antigen	28,00 €
Hepatitis B virus test	35,90 €
Hepatitis C virus, antibodies	26,65 €
HIV, antigen and antibodies	19,55 €
Occupational narcotic test, sampling	52,60 €
Immunoglobulin E	19,55 €
Potassium	14,30 €
Chemistry screening	16,35 €
Cholesterol	14,30 €
Cholesterol, high-density lipoprotein	14,30 €

Cholesterol, low-density lipoprotein	14,30 €
Creatine kinase	14,30 €
Creatine	14,30 €
Erythrocyte sedimentation rate	15,40 €
Mycoplasma pneumoniae, antibodies	43,65 €
Sodium	14,30 €
Particle count	18,60 €
Basic blood count and thrombocytes	27,45 €
Prostate-specific antigen	16,65 €
Rheumatoid factor, plasma	21,90 €
Salmonella, culture	18,80 €
Fungus, culture	35,15 €
Streptococcus culture	22,45 €
Triglycerides	14,30 €
Thyroid peroxidase, antibodies	25,95 €
Thyrotropin	27,45 €
Free thyroxine	27,45 €
Uric acid	14,30 €

Imaging tests

Plain x-ray, foot and toes	72,00 €
Plain x-ray, cervical spine	72,00 €
Plain x-ray, elbow joint	65,00 €
Plain x-ray, hand and fingers	72,00 €
Plain x-ray, lumbar spine	72,00 €
Plain x-ray, hip	72,00 €
Plain x-ray, paranasal sinuses	72,00 €
Plain x-ray, ankle	72,00 €
Plain x-ray, shoulder joint	72,00 €
Plain x-ray, upper arm	65,00 €
Plain x-ray, knee	72,00 €
Plain x-ray, wrist	72,00 €
Plain x-ray, thoracic spine	72,00 €
Plain x-ray, mammary gland (mammography)	72,00 €
Plain x-ray, thorax	86,00 €

Ultrasound tests

Lower abdominal ultrasound	106,00 €
Thyroid ultrasound	118,00 €
Shoulder joint ultrasound	118,00 €
Superficial resistance ultrasound	106,00€
Mammary gland tissue sample, ultrasound-guided	184,00 €
Mammary gland ultrasound	118,00 €
Upper abdominal ultrasound	165,45 €

Pathology

Pt-papa-tk	47,10 €
Ts PAD-1	59,70 €
Ts-FNAB	88,00 €
Ts-PADBrea	119,00 €
U-Syto	53,55 €

Neurologia

ENMG	390,00 €
Polysomnography	442,05 €

Physiology

EKG	42,00 €
EKG-24 h	390,00 €
Cardiac stress test	530,00 €
Cardiac stress test, Cycle ergometer	390,00 €

Other tests

Some of the examinations are done at AITO Työterveys and if necessary, we purchase the service from our partners. As priced by the service provider.

Vision screening	16,45 €
Hearing screening with thresholds	29,80 €
PEF test	13,35 €
Microspirometry	13,35 €
Spirometry	47,25 €
Bronchodilation test	31,85 €
Spirometry, with bronchodilation	78,60 €
Sinuscan	23,50 €
Blood sugar quick test	6,20 €
Urine strip tests	6,20 €
Alcometer test	22,60 €
Remote PEF monitoring, 2 weeks	56,75 €
Remote PEF monitoring, 4 weeks	81,05 €
Audiogram, conducted by an audiologist	As priced by the service provider
Speech audiometry, conducted by an audiologist	As priced by the service provider